

WEEKLY Activities

SUNDAY

Balboa Park Dancers – Ballroom
International Folk Dancing – Folk clubs
San Diego ‘N’ Line Dancers

MONDAY

Scottish Country Dancers
San Diego Folk Dancers

TUESDAY

Cabrillo International Folk Dancers
Morton Bay Fig Morris Dancers
Scottish Country Dancers

WEDNESDAY

Performing Folk Dancers
Pride of Erin Irish Ceili Dancers
San Diego International Folk Dancers

THURSDAY

Salsa and Swing San Diego

FRIDAY

Balboa Park Dancers - Ballroom
Scottish Country Dancers
Waltz and Such Vintage Social Dancers

SATURDAY

Bon Temps Cajun/Zydeco Dancers
San Diego ‘N’ Line Dancers

Our motto:

**If you can walk...
YOU CAN DANCE!!!**



YEARLY Events

Feb – Viennese Ball – Waltz & Such

Feb – February Folk Festival

Mar – St Patrick Parade and Festival –
Pride of Erin Irish Ceili Dancers

Apr – SD N’ Line Dance workshop and
International Dance Festival – all IDA
clubs

May – Gator by the Bay - Bon Temps
Social Club Cajun Zydeco

June – Scottish Highland Games –
Scottish Country Dancers and Highland
Dancers

June/July – San Diego County Fair –
some IDA clubs participate in the SD
County Fair

Sep – International Harvest Festival –
various folk dance and IDA groups

Oct – Oktoberfest: Performing Folk
Dancers

Dec – December Nights - various IDA
clubs

Supported by

The City of
SAN DIEGO
Park and Recreation Department

For additional information:

Email: info@idasdc.org

Web Site: idasdc.com

Facebook: facebook.com/idasdc

Effective Date: April, 2026

INTERNATIONAL DANCE ASSOCIATION OF SAN DIEGO COUNTY



COME DANCE WITH US!

The International Dance Association of San Diego County is a unique non-profit organization supported by the San Diego Park and Recreation Department and is dedicated to promoting and encouraging dancing as a social recreation for the public.

The member clubs listed in this brochure are proud to be part of the many activities available in Balboa Park. We encourage you to attend a class – you will enjoy fun, easy, and inexpensive exercise, making new friends, and the wonderful facilities of Balboa Park. Classes are available for beginner and experienced dancers and all clubs welcome new dancers. Partners are not needed; singles, couples, groups of friends are all welcome. Come treat yourself to a good time! And get your body moving!



Balboa Park Dancers – Ballroom

Classes in waltz, foxtrot, tango, cha-cha, swing & other ballroom and social dances (15 dances in total

taught). Friday, 6:45-9:45 p.m. & Sunday, 6:45-9:15 p.m., Balboa Park Club. Admission: \$6.00 for members, \$8.00 for non-members. \$25 annual membership fee. Free party night each month for members / \$8.00 for non-members. Teachers: John Nagel, Stephen Showers, Vanessa Williams, Yolanda Vargas, David Fan.

INFORMATION: 858-859-1926.

Website: www.balboaparkdancers.org



Bon Temps Social Club: Cajun Zydeco

Presenting Cajun, Zydeco and other music and dance styles

as enjoyed in Louisiana and the world! "If you're smiling, you're doing it right!" Often on 2nd Saturdays we're dancing at the War Memorial Building to a live band from 7:00-9:30pm, with a free dance lesson from 6:30-7pm. \$10-15 cover, depending on band. Other dance opportunities are offered at other venues around town. Intermediate/advanced workshops offered periodically. Please check our website or Facebook page for our current dance schedule.

Website www.icajunzydeco.com

FB: [facebook.com/profile.php?id=100063565810841](https://www.facebook.com/profile.php?id=100063565810841)



Cabrillo International Folk Dancers

Classes meet every Tuesday in the Balboa Park Club teaching dances from all over the world from 7 - 9 p.m. Nice simple line and

couple dances that you can get your feet into! No partners needed. \$2/member, \$2.50/non-member. First Timers FREE! Teachers, Georgina Sham 858-459-1336, and Chin Yu 858-722-0489.

Website: sites.google.com/site/cabrillodancers/home



Moreton Bay Fig Morris Dancers

Morris (festival & ritual English) dancing with Moreton Bay Fig Morris. Beginners & musicians welcome. Tuesday, 7:30-9 p.m.,

War Memorial Building, Balboa Park. Listen to the sound of bells! Admission FREE.

INFORMATION: Schaudy, squire@moretonbayfig.org, 858-689-8947. Website: sandiegomorris.com



Performing Folk Dancers of Balboa Park

Dedicated to the promotion and

preservation of International folk dancing. Performance Rehearsals Wednesdays 7 - 10 p.m., Recital Hall, Balboa Park. INFORMATION: 858-277-7979, performingfolkdancers@gmail.com raulrojas.wixsite.com/pfd-promo-site



Pride of Erin Irish Ceili Dancers

Irish céili and set dancing. Wednesdays, 7-9 p.m., Casa del Prado, Rooms 204 and 203, Balboa Park. \$2 per person or \$5 per family. No

previous experience is necessary!

INFORMATION: 619-584-4698

Website: www.pride-of-erin.com



Salsa and Swing San Diego

Teach at Balboa Park Organ Pavilion Tue/Wed/Thu in June/July/Aug. Salsa, Swing, Hustle, Merengue, Bachata, Cumbia, Tango, Milonga. Classes: Thursdays 7:00-10pm, Casa del Prado, Room 203, Balboa Park. No partner is needed. Check website for updates.

INFORMATION: srojas@ucsd.edu.

Website: <https://idasdc.wixsite.com/swingsalsa>

San Diego Folk Dancers

International Kolo dances with ongoing teaching.

Monday, 7:00-9:00 p.m., Balboa Park Club + War Memorial Building. \$2 donation. The first visit is free.

Teacher: Chin Yu.

INFORMATION: Jean 858-278-4619, TEXT 858 722-1264 or jcate@nethere.net



San Diego International Folk Dance Club

Family and beginner friendly folk dances from around the world. Gender neutral prompting and calling.

No need to bring a partner, we change partners with each dance.

English Country, Contra, and International line and couple dances

Wednesday, 7:00-9:30pm in the Balboa Park Club

\$5.00 admission Consider bringing a snack to share

For more information about specific dates and events please email SDIFDC.BP@gmail.com



San Diego 'N' Line Dancers

Line Dancing for all ages. Classes are available throughout the County. A Dance/Social with open dancing is held

(usually) the last Saturday of each month from 5:00-9:00pm at the Balboa Park Recital Hall. Second Sunday Intermediate Workshop - 5:30-8:30pm at the War Memorial Building in Balboa Park. Third Sunday Dance4Fun Workshop - 6:00-8:30pm at the War Memorial Building in Balboa Park. All events: \$7.00 for Guests/\$5.00 for Members. Please visit www.sdnld.org for Workshops and current schedule.

INFORMATION: president@sdnld.org

Web: www.sdnld.org



Scottish Country Dance San Diego

Traditional social dancing of Scotland is taught at all levels. Mondays: Beginners Casa del Prado Room 203. 7:30 - 9:30 p.m. Call 858-699-0994. Tuesday: Social class 7:30 - 9:30 p.m. DTD Dance Studio, 12140 Community Rd., Poway, CA Call 619-368-7077

Friday Intermediate, 7:30 - 9:30 p.m. Casa del Prado, Room 202, Balboa Park. Info - call 619-275-2375. Class schedules may vary. Please call or check the website for the current schedule.

INFORMATION: 858-699-0994 or

info@RSCDS-SanDiego.Org.

Website: www.dancescottishsd.org

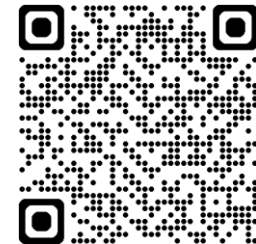


Waltz & Such Vintage Social Dancing

Vintage social (ballroom) dancing from the early 19th through the 20th century. All ages and skill levels are welcome. No partner is needed. Fridays 7:00-9:45pm. Casa del Prado, Room 207. Entry: \$3, waived for students and military with ID and for 1st-timers.

Website: waltznsuch.org for details and special events.

INFORMATION: info@waltznsuch.org or 619-318-0234.



IDA Website: idasdc.com